

Monday



Sausages with Gravy and Creamed Potatoes
Beanu Pasta Bolognese **V**
Chilled Option:
Tuna Roll



Tuesday



Beefy Pasta Bolognese
Jacket Potato with Cheese **V**
Chilled Option:
Chicken Mayo Wrap



Wednesday



Roast Pork with Sage and Onion Stuffing or Spanish Omelette **V** with Roast Potatoes or Wholemeal Pasta
Chilled Option:
Cheese Roll



Thursday



Chicken Curry with Rice
Quorn Hot Dog with Diced Potatoes **V**
Chilled Option:
Ham Baguette



Friday



Salmon Nibbles or Cheese and Tomato Pizza **V** with low fat Chips or Pasta
Chilled Option:
Egg Roll



Menu Week Two

Week Commencing: 11th November, 2nd December, 13th January, 3rd February, 2nd March, 23rd March

Gravy and Custard are always available separately when on the menu

Monday



Chicken Korma Fillet with Savoury Rice
Cheese Prawn with Diced Potatoes **V**
Chilled Option:
Tuna Roll



Tuesday



Burger in a Bun or Creamy Vegetable Pie **V** with Potato Wedges
Chilled Option:
Chicken Roll



Wednesday



Roast Chicken with Sage and Onion Stuffing or Veggie Sausages **V** with Roast Potatoes or Wholemeal Pasta
Chilled Option:
Cheese Baguette



Thursday



Beef Lasagne with Side Salad
Quorn Pattie with Potato Wedges **V**
Chilled Option:
Ham Roll



Friday



Fish Fillet or Cheese and Tomato Pizza **V** with low fat Chips or Pasta
Chilled Option:
Egg Baguette



Menu Week Three

Week Commencing: 18th November, 9th December, 20th January, 10th February, 9th March, 30th March

Freshly baked wholemeal bread, seasonal vegetables and bowl salads are available daily

Monday



Meatballs in Tomato Sauce with Pasta
Vegetable Bake topped with Crispy Potatoes **V**
Chilled Option:
Tuna Roll



Tuesday



Shepherd's Pie
Macaroni Cheese with Garlic Bread **V**
Chilled Option:
Chicken Mayo Wrap



Wednesday



Roast Beef and Yorkshire Pudding with Roast Potatoes or Wholemeal Pasta
Vegetable Curry with Rice **V**
Chilled Option:
Cheese Roll



Thursday



Chicken Pie with Creamed Potatoes
Jacket Potato with Baked Beans **V**
Chilled Option:
Ham Baguette



Friday



Fish Fingers or Cheese and Tomato Pizza **V** with Potato Wedges or Pasta
Chilled Option:
Egg Roll

